

Christopher Liam Rose Testimony

**Faith - Jesus Christ -
God**

By Christopher Rose

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Table of Contents

Chapter 1 - Christopher Liam Rose Testimony

Chapter 2 - Thank You God & Jesus Christ

Chapter 1 - Christopher Liam Rose's Testimony

Hello, thanks for acquiring this book. My name is Christopher Liam Rose, and I am an Author, Mentor, Life Coach, Motivational Speaker, Evangelist, Musician, Teacher, and Counsellor.

I am writing this book to explain my Testimony and how Jesus Christ and God saved my life and change me to live a life where I can help other people and make a difference in people's lives. This book contains my real-life experiences because I want you to understand that God and Jesus Christ are here for you too and He can change you into becoming the person you need to be in your walk with faith and ministry.

I believe God and Jesus Christ are alive today in the spirit, and once we understand that our lives can change by believing in God and Jesus Christ, we will start to see a transformation like nothing else we have ever experienced.

My testimony is real and the life experiences I will share in this book are things that happened to me, and I want you to see how God and Jesus Christ can change your life too.

Christopher Liam Rose's Testimony

My story begins with my Mother and Father giving birth to me and my twin brother on the 9th of November, 1988. I come from a big family of seven; my mother, father, two older brothers, one twin brother, one sister, and myself. My parents are Christians but didn't practice the Christian Faith.

My parents got divorced due to irreconcilable problems, so my Mother had to raise her five children in a council estate in Battersea and Clapham junction. Later, my mother moved all of us to Tooting (Rame close) where I spent my childhood.

My twin brother and I were influenced by gangs, drugs, crime, and violence in Tooting because many young people didn't have a stable upbringing and they turn to crime and violence easily because there was no hope in the council estates.

My childhood was very negative, bad, destructive, and horrible due to all the things I did, and witnessing all that happened to my friends and family members.

When I was around 15 years old, I got into a love relationship with my ex-partner, who then got pregnant with my baby. Due to the problems we had in the relationship and friends who were jealous of us, my ex-partner had an abortion without informing me and she moved out of Tooting with her Mother and family.

I found out my ex-partner had an abortion from a friend and that changed my life completely forever. I started having deep thoughts about the way I lived my life and how I hurt so many people with my negative actions and behaviour.

I told my Mother that I wanted to move out of home and live by myself because I couldn't deal with what happened regarding the abortion and street lifestyle.

My Mother and I also had lots of arguments which caused tension in our relationship and she allowed me to move out of the home.

I was 15 years old when I moved out of home and started to live by myself in a hostel called Samuel Johnson.

While living by myself, I was not prepared for the difficulty of managing myself and paying bills. This ushered in a negative effect on my mental health and well-being and I struggled as a young person.

In the hostel, I started having mental health breakdowns because of all my past negative actions.

These are some of my negative life experiences:

- Mother and father divorced
- Abuse from family members
- Gangs, crime, drugs, and violence in my upbringing
- Being a robber and drug dealer
- Beating up people and not caring about the hurt I caused

- Abortion of my child by my ex-partner
- Struggling with living by myself
- Unemployment
- Not eating healthy foods or drinks
- Smoking weeds and cigarettes
- Drinking alcohol
- Being poor with no money

Because of all my negative life experiences, I became mentally depressed and then decided to take an overdose of medicines and pills. This was the beginning of my mental health difficulties of psychosis and depression.

I was sectioned in Springfield Hospital in Tooting several times throughout the years because of my mental health difficulties which ruined my upbringing. I was trapped in my mind by all my negative life experiences and I could not find a way to deal with them or overcome them.

My mental health difficulties had always been a part of my life for many years and I have always struggled with them.

So how did I change my life from negative troubled childhood to finding faith in Jesus Christ and God?

This is where the My Testimony gets real

When I was around 25 years old, I got into another love relationship with a girl, now an ex-partner, and we were together for 3 wonderful years. But we also had different problems in

our relationship as she wanted to break up with me because I didn't help her much and she felt like she couldn't trust me anymore.

So I broke up with my ex and became single again. I have been single many times before in my life but this time was different and I felt like something had to change in my life. I had so many relationships with girlfriends that I care about but I always end up ruining the relationships due to my mental health difficulties and being too selfish.

At that time in my life, my ex-partner was everything to me and I thought I would marry her, but it never worked out and she left me. This got me thinking about my life, my past, my childhood, and all of my negative life experiences.

That led me to research how to change negative thinking and I discovered a video playlist on YouTube from a Philosopher called Jiddu Krishnamurti.

The series of YouTube videos playlist was called "Jiddu Krishnamurti and Dr. Allan's A Wholly Different Way of Living."

Jiddu Krishnamurti spoke about **meditation** and how it helps to discover God. I was at a hopeless point in my life so I decided to try out meditation to see if will help with my mental health illness.

I began meditating at home and in local parks alone by myself. I didn't realise how spiritual meditation is so effective in changing the human brain and mind. I started to

experience visions and developed hidden gifts from meditation.

Doing meditation every day changed my mind and brain in some way and I was able to see into the future. By meditating, I then started developing a mental health condition called Schizophrenia.

I was uninformed that it is dangerous to meditate when your mind is filled with negative thoughts.

That caused me to become very paranoid and scared because I saw visions of bad things that were going to happen to me and I couldn't understand what was going on.

At that point, I was seeing signs and visions that something was going to happen to me that would completely change my life forever.

One day, my Nan, who is a devoted Christian and prays every day for the family, sent for me because she had a message she wanted to share with me. When I saw my Nan, she said something that would later change my life which was, "God is going to save your life."

At first, I didn't understand what my Nan was talking about, but later realised the signs, miracles, and visions I had been seeing meant something.

On the 30th of September 2014, while creating music videos (because I was a musician and loved making music) and burning some candles in my flat, I went to the kitchen to get a cup of water, and then something disastrous happened. I saw this darkness

coming towards me and I knew something was wrong so I jumped out of my kitchen window and went into my neighbour's flat. From the balcony, I saw a massive fire in my flat. It was very intense and everything burnt away. I realised the candles that I left burning got caught on my curtains and the curtains fell on my bed and my duvet caught fire too.

That day, everything I owned was destroyed in the fire. If I hadn't jumped out of my kitchen window when I did, I could have been severely injured by the fire. On that same day, I realise my Nan's message was right and God saved my life that night.

My neighbours called the fire brigade and ambulance, but before they arrived, the fire had destroyed everything I had. That experience changed my life forever because I had nothing.

I became officially homeless after the fire and had nowhere to live or stay. I slept in Marble Arch with homeless people, and then one day, I vowed to myself to change my circumstances.

I was later sectioned in Springfield Hospital because I had a mental health breakdown and was homeless. In the hospital, I realised I needed to find employment and search for new work. I knew if I got a job, I would be able to acquire back my possessions.

That was a very spiritual day in my life. I remember while in the hospital, I read this newspaper and on the star signs of Scorpio, it

said to look out your window at a certain time. So it was sometime in the afternoon and I looked out the window and saw the clouds and sky making a “?!” sign. I realised this had something to do with God and Jesus Christ, and from that point, my faith started to grow.

**Paul Dorrington (Lead
Employment Specialist) and
Karen Meechan (Clinical
Psychologist)**

While in the hospital, one guy named Paul Dorrington came to see me and wanted to help me. At first, I thought no one could help me with my situation. Then I shared my story with Paul Dorrington and asked him to help in my search for employment. Paul agreed to help me get a job and vowed to get me out of the hospital. I had no other choice at that moment than to put all my trust and faith in Paul Dorrington because he was the only person who cared to help me.

After getting discharged from the hospital, I started living in a hostel in Wandsworth, Purley Streatham because I was still homeless. I was also working with Paul Dorrington in the community and he thought me about mental health, employment, God, spirituality, self-education, personal development, and nature. Paul Dorrington later referred me to a Clinical Psychologist, Karen Meechan for

psychological/counselling therapy for my mental health conditions.

So I was working with Paul Dorrington in the community and receiving counselling therapy with Karen Meechan. With the support and help of Paul and Karen, my life completely changed and I realised the need to also help other people and give back. I told both Paul and Karen about my wanting to help other people and give back and they were both excited for me for making this decision.

Paul Dorrington got me my first-ever job in the mental health industry as a co-facilitator in Mind. This job helped me to develop my skills and abilities in helping other people and that was the starting point of my mental health career.

Due to Paul Dorrington and Karen Meechan's support, I have had 11 paid jobs and 4 volunteer roles in the mental health industry.

Here is the list of jobs I have had in my mental health career:

Paid Employment

- Co-Facilitator
- Support Worker
- Support Worker
- Casual Worker
- Peer Support Worker
- Senior Recovery Worker
- Bank Support Worker
- Peer Support Worker
- Mental Health Recovery Worker
- Bank Support Worker

- Senior Peer Support Worker

Volunteering

- Mentor
- Phoenix Recovery Volunteer
- Speaker
- Listening Samaritans Volunteer

Getting support from Paul Dorrington and Karen Meechan also helped me develop my relationship with God and Jesus Christ. I started attending Lighthouse Chapel International church, Battersea branch and listened well to preaching from my pastors. I also started doing a lot of bible studying and listened to sermons on my mobile phone. My faith grew and I realised I need to get baptized and give my life to God and Jesus Christ fully. I got baptized in the Lighthouse Chapel International church, Battersea branch, and gave my life to God and Jesus Christ.

Now that I am a True Christian, my life has changed for the better, and now I have an undying faith in God and Jesus Christ.

The Evangelism Ministry

As I began listening to Dag Heward-Mills and other pastors, I realised there was a calling and purpose in my life to evangelize and preach the gospel of Jesus Christ and God. I started my evangelism ministry by preaching the word of God to people on the streets in areas where I lived. This grew my faith and through journalling and thinking about my calling, I

realised the need to start recording my evangelism and preach the gospel of Jesus Christ and God everywhere.

That is the point where I became ANOINTED and I was able to do massive evangelisms preaching the word of God to different areas in London.

Right now, I record all of my evangelisms whenever I can and I am an [Evangelist](#) for the Gospel of Jesus Christ and God.

Also with my faith, I pray every weekend in a church called Westminster Cathedral, a special prayer place to give thanks to God and Jesus Christ for saving me.

I am slowly building an Online Christian Ministry called [Christopher Liam Rose Ministries](#) where we spread the Gospel of Jesus Christ and God everywhere.

This is my Testimony 😊

Now I am going to share the things that I lost for you to understand that helping other people, having faith, and believing in Jesus Christ and God are very important.

- I lost my home and all of my possessions in a fire on the 30th of September 2014. Everything I had got taken always from me
- I lost my relationship with my ex-partners
- I lost my motorbike on the 29th of May 2022 -- someone stole it outside of my older brother's property

- I lost several jobs. I've been unemployed many times in my life
- I lost myself due to mental health conditions of schizophrenia, psychosis, and depression which nearly ruined my life
- I lost my music business (SGR) due to the fire accident that burnt all of my musical equipment
- I lost money
- I lost my Grandfather to death
- I lost my child due to an abortion
- I saw a man lose his life due to an accident in Battersea where I live -- with the man passing away right in front of my eyes
- I lost all my degree qualifications and university opportunities due to dropping out of university to help other people
- I lost members of my family to death
- I lost friends who I grew up with due to gangs, crime, and violence

Chapter 2 - Thank You God & Jesus Christ

I am happy now that I have shared my Testimony and hopefully, this will inspire you to find your relationship with Jesus Christ and God.

I want to say a BIG Thank You to God and Jesus Christ for giving me the skills and abilities to write this book and share my testimony.

I am so grateful to the lord for saving me and helping me to transform my life.

Thank you, Lord, for sending Paul Dorrington and Karen Meechan to provide me with all the help I needed to transform my life.

Thanks to you too for reading this book, and please make sure you find your faith and develop your relationship with Jesus Christ and God.

Philippians 2.4 - not looking to your own interests but each of you to the interests of the others.



Thank You God and Jesus Christ for
Everything!

John 3.16 - *For God so loved the world that
he gave his one and only Son, that whoever
believes in him shall not perish but have
eternal life.*

Other Books by Christopher Liam Rose

- 1) Christopher Rose's Life Story
- 2) Be What You Want To Be
- 3) The 15 Successful Habits
- 4) Selfless
- 5) Anointing
- 6) Life Purpose
- 7) Helping Other People
- 8) Giving Without Receiving
- 9) Fulfilment
- 10) Learn
- 11) It Is Not The Problems That Make You
Who You Are, It Is The Person You
Become That Make You Who You Are
- 12) The Evangelism Ministry
- 13) Learning Is A Part Of Living
- 14) The Self Is The Problem
- 15) I Don't Want
- 16) No Self
- 17) Miracles
- 18) Christopher Liam Rose Journal 2015 -
2016
- 19) (Living With Jesus Christ and God) -
Christopher Liam Rose Journal 2016 -
2017
- 20) Losing, Sacrificing, Suffering
- 21) Observation

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